# TENNIS AT NARRANDJERI STADIUM

We've got programs for ALL ages and abilities to enjoy!



## HOT SHOTS TENNIS

Hot Shots Tennis is a fun way for children ages of 3-10+ years old to play and learn tennis in a supportive environment.

#### **Wednesday & Thursday Afternoons**

during school term



**Everyone can book FREE TRIAL LESSON** 





More info and Class times





### CARDIO TENNIS

Cardio Tennis is the energised way to learn and play tennis for people of all ages and abilities. Sessions are run by qualified coaches who personalise activities to suit the motivations and abilities of each individual, so you feel comfortable to progress at your own pace.

Wednesday 4pm-5pm Thursday 7pm-8pm



Book Now \$20 per session



#### Reminders

- Tennis balls supplied, just be sure to bring your own racket.
- Come as an individual, with a friend, or bring along your family for a hit and run around.

Wednesday Evenings 7.30pm - 9.30pm



Register Here \$15

per session



tailored to meet your individual needs.

Wednesdays, Thursdays, Fridays, Saturdays, and Sundays

**Session Prices** 

\$35 30-mir session

\$65

60-min session



**Book or enquire**Please fill out inquiry form



Meet The Coach

